

Club Kokomo Road Runners

## Wednesday Highland Park Group Run/Walk

Starting February 7th, the group run in Highland Park on Wednesdays will begin at 5:30 pm. You can go as little or as much as you want. There isn't going to be just a 1 mile or 5k distances or different starting times.

Runners and walkers will go however far they choose.

February

Birthday's

2-2 Kory Kennedy  
2-2 Bethany Kirkwood  
2-3 Deb Taylor  
2-5 Gretchen Riggle  
2-6 Greg Wall  
2-8 Ethan Snyder  
2-10 Kayla Hudson  
2-16 Keith Hill  
2-19 John Norris  
2-24 Linda Wachs  
2-28 Jayne Stucker



See attached flyer for details

**FEB 10, 2018**  
**RUN UP TO THE MINI**  
**12 WEEK TRAINING PROGRAM**

## CKRR annual awards banquet

Sunday, February 25th from 1p.m. to 3p.m. Set up at 12:30 p.m.

Brookside Free Methodist Church Gymnasium— 190 E 400 S, Kokomo  
Church is on highway 26 across from Crossroads Church. Gym is located around back.

Chili Cook off—prizes awarded for the top three dishes 50/50 tickets will also be available.

Please bring a dish to share or if you make a mean pot of chili bring it. You could walk away as one of the winners. If you plan to bring chili, please RSVP to Linda Kendall 765-860-4564

**CLUB MEETING—MONDAY, FEBRUARY 12TH @ 6 P.M. @ PIZZA JUNKIEZ**  
2930 S WASHINGTON ST., KOKOMO, (ACROSS FROM RURAL KING)  
**SOCIAL HOUR @ 5P.M. SOFT DRINKS WILL BE PROVIDED**

# Run Disney!



My mother, Kathy Snyder, has been the catalyst for our whole family to get involved in running over the past few years. We're now commonly talking about our races, goals, and places to run.

"What to plan next?!"

About a year ago, through discussion on both running and family vacation destinations, we answered that question with: "We're going to Disney World!"

The first weekend in January, we participated in the Disney World Marathon Weekend. From Thursday through Sunday, they have a 5k, 10k, Half Marathon, Full Marathon, and a series of kids races ranging from the diaper dash to the mile. The races are run completely on Disney World property and span across all of the parks. In

addition to signing up for individual races, you can also participate in the following:

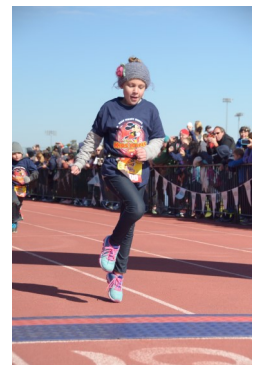
- Goofy's Race and a Half Challenge (Half Marathon and Full Marathon)
- The Dopey Challenge (5k + 10k + Half Marathon + Full Marathon)

Without getting too long-winded, I will say that Disney puts on excellent races that are engaging and super fun. There are spots throughout each race where characters are waiting with Disney photographers to snap your picture. Sing along Disney tunes are playing throughout the course and there are Disney cast members and park goers cheering you on as you run. Running up Main Street USA toward the lit up castle is quite a unique experience for a road race.

We had a fun week, having spent 5 days at the Disney parks, and having run a combined 14 races. We are already planning trips to go back and run again sometime in the future!



Owen & Leah after they got their medals for the 200 dash (With Minnie Mouse)



Leah at 200yd dash finish line

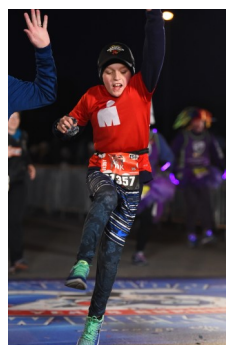


If you are interested in participating in a Run Disney race, you need to plan ahead! Registrations sell out fairly quickly after they are posted. They have multiple running events each year, including Star Wars, Princess, and Wine and Dine weekends. RunDisney.com has all of the information to get you started. In addition, any of us that have participated would be happy to chat about the experience. It's a great one to add to your running bucket list!

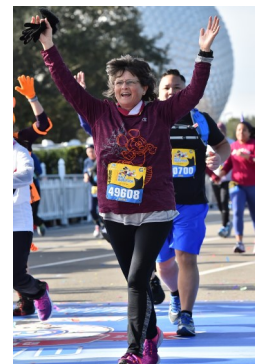
The family with medals and Mat with his Dopey ears!



Ethan at 10K finish line



Kathy at the half marathon finish



## 2018 CKRR Race Schedule

Underlined=new for 2018, V—volunteer opportunities for club members.

4-Feb	Sunday	Ground Hog 7K	1 p.m.	
		Zionsville High School, 1000 Mulberry St, Zionsville, IN		
	7K	Pre-registration is online only and does NOT include a registration fee. <b>Pre-registration closes Saturday, Feb. 3, 2018 at 11:59 a.m. EDT at</b> <a href="http://www.indyrunners.org/view-content.aspx?sectionID=17">http://www.indyrunners.org/view-content.aspx?sectionID=17</a> Day-of registration opens at 11:30 a.m. and will be held inside the Freshman Center cafeteria. Cost is one or more canned or non-perishable food items for Zionsville Food Pantry.		
17-Mar	Saturday	Norris Amboy 5K	9 a.m.	
		Community Blvd, Amboy		
	5K Run/Walk	\$8 advance / \$10 day of registration	John Norris, RD	
24-Mar	Saturday	Sam Costa 1/4 Marathon-Carmel	9 a.m.	
		Northview Church, 12900 Hazel Dell Parkway, Carmel <a href="http://www.samcosta.com">www.samcosta.com</a>		
7-Apr	Saturday	CK Rhenda Acton Ultimate Challenge	9 a.m.	V
		Tierney Warehouse, 1401 W Cliff Dr, Logansport		
	10M Run, 5K Run/Walk	\$4 members / \$5 non-members	Vern Keller, RD	
21-Apr	Saturday	Follow-Me Neil's Run		
	5K Run/Walk			
5-May	Saturday	Finish Line 500 Festival 5K	7 a.m.	
		Downtown Indianapolis, 601 W. Washington St., Indianapolis		
12-May	Saturday	Norris—Kokomo	8:30 a.m.	
		Jackson-Morrow Park, Kokomo		
	3M Walk / 4M Run	\$8 advance / \$10 day of registration	John Norris, RD	
19-May	Saturday	MCF Prison Breakout	8 a.m.	
		Bunker Hill		
	5M Run / 3M Walk			
2-Jun	Saturday	Gene Parks 5K		
		Russiaville		
9-Jun	Saturday	Norris-Greentown	8 a.m.	
		Rear of Eastern Elementary School, Greentown		
	5K Run/Walk	\$8 advance / \$10 day of registration	John Norris, RD	
16-Jun	Saturday	Flora Hog Jog 10K		
4-Jul	Wednesday	Walton Independence Day 5K		
7-Jul	Saturday	CK Haynes Apperson	8 a.m.	V
		Kokomo Municipal Stadium, Kokomo		
	5K Run/Walk		Michael Anderson, RD	
14-Jul	Saturday	Race for Grace	8 a.m.	
		Calvary Presbyterian Church, 7th and Spencer, Logansport		
	5K Run/Walk	\$12 early then \$15 for registration		
21-Jul	Saturday	Panther Prowl	8 a.m.	
		Russiaville		
	5K Run/Walk	\$20 pre-registration / \$23 late registration	Gary Jewell, RD	
28-Jul	Saturday	Jerome Water	8 a.m.	
		Jerome Christian Church		
	5K Run/Walk		Ryan Horner, RD	
4-Aug	Saturday	Norris-Converse	8 a.m.	
		Front of First Farmers Bank, downtown, Converse, IN		
	5K Run/Walk	\$8 advance / \$10 day of registration	John Norris, RD	

## 2018 Schedule Continued

Underlined-new for 2018, V—volunteer opportunities for club members.

11-Aug	Saturday	Forget Met Not 5K	8 a.m.	
		Kokomo		
25-Aug	Saturday	Running the Shores	8 a.m.	
		Champaign Shores, Co Rd 440W & Lakeshore Drive, Kokomo		
		5K Run/Walk \$20 early registration	Todd Moser, RD	
1-Sep	Saturday	Steps to Recovery	8 a.m.	
		Gilead House, 406 E Sycamore St., Kokomo		
		5K Run/Walk \$20 early then \$25 for registration	Carol Savage, RD	
3-Sep	Monday	<u>Blueberry Stomp</u>	<u>9 a.m.</u>	
		Plymouth, In		
		15K, 5K,		
8-Sep	Saturday	HESP	8 a.m.	
		Kokomo High School, 2501 S Berkley Rd, Kokomo		
		5K Run/Walk \$20/\$12 early registration	Vicki Boles, RD	
15-Sep	Saturday	<u>Amboy Volunteer Fire Co. 5K</u>		
22-Sep	Saturday	Bee Bumble	8 a.m.	
		Burnettsville, IN		
		5K / 10K	Don Hurd	
29-Sep	Saturday	Saints on the Run	8 a.m.	
		Kokomo		
		5K Run/Walk	Heather Weber, RD	
6-Oct	Saturday	Cole Porter	9 a.m.	
		Circus Building Corner of Broadway and 7th Street, Peru IN		
		5K & 15K Road Race \$20 early / \$25 day of registration	Jim Yates, RD	
13-Oct	Saturday	<u>RedGold Run to Crush Hunger</u>		
		Elwood		
		10K, 5K		
27-Oct	Saturday	<u>Chili Chase</u>		
		Peru, IN		
		10K, 5K		
4-Nov	Sunday	<u>Run the Mounds</u>		
		Anderson		
10-Nov	Saturday	CK Charity Run 5K	9 a.m.	V
		McKinley School / Foster Park, 1217 W. Carter St., Kokomo		
		5K Run/Walk \$free will donation—	Jeannie Townsend, RD	
22-Nov	Thursday	CK Cares 5K	8 a.m.	V
		Highland Park, Rogers Pavilion, Kokomo		
		5K Run/Walk \$10	Ray, Robin & Mark, RD	
1-Dec	Saturday	Rudolph 5K	8 a.m.	
		Kokomo Public Library, 220 N Union Street, Kokomo		
		5K Run/Walk \$20 early then \$25, also family discount	Ashley Shanks, RD	
31-Dec	Monday	<u>CK NY Eve 5K</u>	2 p.m.	V
		Highland Park, Rogers Pavilion, Kokomo		

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## CKRR CLUB MEETING JAN 2018

With President Patricia Weitzel absent, Vice President Vern Keller opened the meeting.

1. Prayer by Chaplain Carol Savage
2. Minutes of previous meeting were approved.
3. Treasurer's report was read by Treasurer Mark Shorter
4. Old Business
  - a. Mini Marathon training-David Bruce announced it would be begin in mid February with a 12 week program
  - b. Wednesday evening runs in Highland Park would change to 5:30PM beginning Feb 7
  - c. 17 runners participated at the Winter Solstice Run
  - d. The Reminiscing Run on Dec 31 had 43 finishers
  - e. Vicki Boles moved and Bruce Savage seconded, "Give EMA a donation of \$100 for their help at the Reminiscing Run." Approved
  - f. Vern and Sue Keller announced that they would not be race directors at the 2018 Reminiscing Run.
5. New Business
  - a. The Coyote Kids information has been given to the Park Department and the Connection has been rented for Coyote Kids awards night as has been done in the past.
  - b. Ashley Meyer's requested the \$200 deposit for timing equipment use for the Rudolph Run be refunded. Approved
  - c. The Ultimate Run in April has had a name change to "Club Kokomo Rhenda Acton Ultimate Challenge." In memory of long member and Ultimate Race director Rhenda Acton.

Meeting Adjourned at 6:20PM

Members present: Jenny Tudor, Ray and Robin Tetrault, Bruce and Carol Savage, David Bruce, Ashley Meyers, Stan Shuey, Vicki Boles, Paul Sanders, Greg and Jeannie Townsend, Diana Brown, John Wiles, Danielle McQuaide, Vern and Sue Keller, and Mark Shorter.

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### CLUB KOKOMO ROAD RUNNERS

2936 Congress Drive, Kokomo, IN 46902

We're on the WEB—

[www.ClubKokomoRoadRunners.com](http://www.ClubKokomoRoadRunners.com)

Facebook—Club Kokomo Roadrunners

